

Hockey Notes

Irma Wins from Holden 4-1 In Fast and Furious Game.

Irma smothered Holden here Saturday night, January 9th, by a score of 4-1. The game had everything desired, with Irma leading 3-0 in the beginning of the third period. Holden managed to get a gifted goal as Irma failed to clear the disc from in front of their goal, Holden slipping it past Knudson. This seemed to speed it up a bit, but Irma wasn't long getting a goal to make it 4-1. Holden fought desperately to cut down the lead but it just couldn't be done. With eight minutes left to play the game developed into an up-ramp, the Holden-manager withdrawing his team from the ice.

The Irma hockey team started for Lloydminster last Tuesday afternoon and after bucking numerous snow drifts east of Vermilion a part of the team got there. One car load of four of the players turned back at Kistcoy. However a game was played, resulting in an 8-3 win for Lloydminster. The players did not reach home until noon Wednesday.

WAINWRIGHT JUNIORS LOSE AT IRMA

The Wainwright juniors journeyed to Irma on Friday, January 8th, and were defeated by a score of 2 to 1. The game was fairly fast and clean. The Irma boys failed to click in their plays and also seemed unable to move with the same speed as in former games. This is partly the reason why the score was so small.

Walter Larson, the Irma sub-goal-keeper, was the sensation of the night, holding the opposing team scoreless until the last period when Wainwright managed to get one past him. Allison Carter netted the two scores for Irma, while Ralph King netted a counter for Wainwright. This makes the third consecutive win for Irma from the Wainwright boys.

The hockey fans turned out in a somewhat larger majority than before and we sincerely hope this majority will get larger in the future. Please turn out in the near future, folks, and give the boys your support.

Viking Items.

The Viking library board wishes to acknowledge receipt of several books for the library from Mr. J. L. Dodds.

Mr. Wm. Comisarow was operated on for appendicitis on Monday of this week. He is progressing favorably.

Tofield and Viking hockey teams will play a league game at Viking on Saturday, January 16th, at 8.15 p.m.

Mr. and Mrs. J. L. Dodds left by car Wednesday morning for Stettler, where they will make their new home.

Mrs. Alexander and son Russell will leave Thursday for Vancouver to join Mr. Alexander, where they expect to reside in future.

Reserve the date—Friday, February 5th—for the annual masquerade dance sponsored by the Viking Elks' lodge. See advertisement in this issue for further particulars.

Mr. O. A. Chiswell, of Saskatoon, Sask., has been a visitor this week at the home of his brother, S. S. Chiswell. Old-timers will remember Oscar when he was in business at Bruce, Alta.

The regular meeting of the Viking Women's Institute will be held in the church hall on Thursday, January 21, at 8 o'clock. Members please bring suggestions for the coming year program.

Mr. and Mrs. Fred Trueman and little daughter, Betty, of Kimberley, B. C., motored down for the holidays, visiting Mr. Trueman's parents, Mr. and Mrs. A. Trueman, and friends in the district. They left for their home last Monday.

Vern Gilpin, operating an amateur broadcasting station in Viking, picked up Father McGrane, of Irma, at a Saskatoon amateur station Monday evening, both enjoying a friendly chat. Fr. McGrane is at present visiting friends and relatives in Saskatoon.

Mince pies can be made two days prior to serving and reheated when time to serve. For variety sprinkle or thinly slice cheese over the top of pie. When heated, the cheese melts.

ORBINDALE NEWS

Orbindale district rink is away to a good start in hockey and skating. Their hockey team has played eight games and they are yet to be beaten. They have played Autumn Leaf, Albert, Passchendale or Salteaux; next they will be gunning for the Irma gas-line leagues.

Some time ago the Irma big leaguers paid a visit to the Orbindale rink and played against a team from Mannville where Irma outscored them 13-2. However the score doesn't show the play as Mannville has some good players but lack of combination and finish around the net was their downfall. Some two hundred fans turned out to see this game.

Our ever-happy and smiling Geo. Wilson is missed in the Orbindale rink. Reports have it that he has joined the Rossberry hockey club. Good luck, George!

Mr. Coulman has just finished building a new house and expects to move in some time this month.

Mr. M. Prosser reports a good season in coyote hunting, having captured some 30 pelts.

Mr. and Mrs. Earl Guy are again dispensing hot dogs, coffee, chocolate bars and hockey sticks at their stand by the rink. By the way, come and spend the afternoon and evening some Sunday and enjoy a good hockey game and skating when the rink is lighted up with the lights, so you can skate and refresh yourself at the coffee stand.

Mr. Glover was heard last Sunday commenting on the hockey game played in Irma when Holden were the visitors.

The Orbindale Get-together Club are planning to put on a play in the near future. Watch for the date!

KINSELLA KERNELS

Mr. Lewis O'Leary is a patient in the Viking hospital.

The Kinsella ladies' aid meeting will be held at the home of Mrs. P. J. Wangness on Thursday, January 14th.

Another whist drive and dance will be held in the W. I. club rooms on Saturday night.

Mr. B. Wachter spent the week-end at his home.

Mr. Jack Neale is spending a few days in Edmonton this week.

CONCERT AND SOCIAL SUCCESS

Those who were not out to the L.O.B.A. concert and social evening last Thursday missed a real treat. The two-hour program, assembled by the committee, Mrs. Enger, Mrs. Jackson and Mrs. Knudson, to say the least, was a "howling" success. Mr. Kemp did the honors of chairman in his pleasing style and each number came in for real hearty applause, the high light of which was the play by the Crescent Hill players, "Mrs. Stubbs Book Agent." It would be hard in the well chosen cast to pick the star, for each player performed their part well. Miss Stone as Mrs. Stebbins, Miss Mabel Enger in the part of Amelia Dyerne, aspiring to be the bride of Donnie, and Wilfred Sanders, to perfection by Julius Stougard, while Wilfred Sanders as the book agent had a real command of his subject and the English language. Mr. Martin Enger, acting the part of David Stebbins, one would never guess he had been rushed in on this part at the last minute, the former player having to drop out on account of sickness. Then we must not overlook the work of Mrs. Martin Enger, director, which added much to the success of the whole entertainment.

SEDGEWICK NEWS

Miss Minnie Siverson left for Camrose Monday morning where she will attend Bible school.

A basket social and program was presented by the Luther League at Sunlight school on Saturday, January 2nd. Much amusement was had by playing games afterwards.

Mrs. H. Birksen spent the Christmas holidays with her daughters in Edmonton.

Mrs. J. R. Murray is an Edmonton visitor this week.

Mr. F. Hunter left December 28th for Vancouver where he will enjoy a short holiday.

Minutes of Meeting Buffalo Coullee Municipal Council

Jan. 9, 1937.—Council meeting was held in Saltaux school with Crs. Hetherington, Ramsay, Hills, Dew and Currey present, Deputy Reeve Ramsay presiding.

Minutes of December 12th meeting were read and adopted as read, on motion of Cr. Hetherington.

Further correspondence re Mrs. Niehypruk read. Secretary to ask for copy of R.C.M.P. report.

Monthly statement for December was read and signed.

Assisted transportation re John Kane and family further discussed. Reeve Phaeasey's report read. Cr. Dew moved that Council agree to pay \$210.00 towards transportation, provided \$100.00 is paid by the Relief Dept. and also that satisfactory assurance is given by Mr. Kane that he will not become a public charge in Scotland. Voting was 4 for the motion and Cr. Ramsay against. Declared carried.

Mun. Doctor scheme further discussed. Cr. Hills was appointed a committee to interview Dr. Knapp. Secretary to write Dept. re approval of renewal of contract and also to investigate cost, etc., of liability insurance.

Relief was authorized for January. Further letters read re the sale of N.W. 10-47-7-4, to Mrs. E. J. Wilson. Cr. Hetherington carried that Mrs. Wilson's cheque be returned to her as requested as conditions of sale are such that she cannot comply.

Further discussion re Mrs. Ambler Mothers' Allowance and Reeve's report read. Tabled on motion of Cr. Hetherington pending further information.

Dept. of Agriculture letter re certified seed read and to be filed. Correspondence re W. G. Snee seed grain read. No action.

Cr. Currey reported re Mrs. McDowell Mother's Allowance and carried that same be increased \$5 per month until next June.

Letters read re Wm. Coulter indebtedness, when it was carried action to be taken on chattel mortgage in 30 days if no payment is made.

Letters read re Miles Bros. and C. P. R. No action.

Application to lease the N.W. 20-48-8-4 by H. H. Burch, with \$10 advance payment enclosed was presented. Cr. Dew carried that a lease for one year be given with the privilege of renewal upon completion of payment of the current taxes if paid by December 15th.

Circular letter from Workmen's Compensation Board re assessments read. No action.

Secretary to advise Vermilion hospital that in addition to \$250.00 paid in 1936 on old requisitions, the balance would be paid as soon as possible.

Complaint was made on behalf of Chas. Anderson that he had not been given the benefit of free hospitalization in Mannville hospital, to which he claimed to be entitled. Cr. Dew carried that since he is not a resident within the meaning of the Act, he is not entitled to free hospitalization.

Cr. Hills carried that a timesheet for Div. 1 for 1936 be passed and paid.

Mr. Chas. Johnson applied for a lease on the S.W. 28-49-9-4. As this parcel is not finally accepted Council would not agree to lease.

Cr. Dew carried that accounts be paid.

Cr. Dew carried that next meeting be at 11 o'clock on February 13th. Cr. Hetherington carried the adjournment.

NEWS AND VIEWS FROM CAPITAL CITY

(By T. B. Windross)

Edmonton, Alta., Jan. 12th.—The first annual caucus of the Social Credit members of the legislature for 1937 opened its sessions Monday this week with a full attendance of members and a momentous agenda of subjects for discussion, according to information gained in reliable quarters.

The main discussion will be around the proposed new plan for Social Credit in Alberta; about which there has been so much said in the public press for some days past. No authentic outline of this plan has ever been issued by the committee that has had it under consideration, but an eleven point plan was published which is obviously a guess, though it may be a very good guess.

At least one of the outstanding points in this published summary of the plan has been discussed by a direct statement from the premier that it had no place in the program or aims of the government. It was the suggestion that new debt free currency was to be issued for compulsory circulation in Alberta.

In a written statement issued to the newspapers, Premier Aberhart denied that any "currency" was contemplated in the future plan of Social Credit. His statement in part is as follows: "I want to assure the people of Alberta that I do not believe there is any need of compulsory circulation of money. I would like to call the attention of our people to the fact that we fully realize that the introduction of 'new currency' in the province is clearly against the Bank Act. We have no intention of creating any new currency to conflict with our present Canadian money. Our new credit is merely intended to assist, in distribution and use of goods and services. We already have well recognized methods of conveniently handling staple goods and services in the form of milk, bread and railway tickets, relief vouchers and so forth."

This seemed to be the only point on which the premier was particular to take exception in the published plan for Social Credit in Alberta, but he did say that the authentic plan would not be published until after the caucus has discussed it, and may not be published for general circulation even then. Its final details can, therefore, only become apparent when legislation is introduced at the forthcoming

session of the legislature to implement the plan.

Rumor is busy with what will happen at this caucus this week. In the nature of caucuses, any full information as to what is done and said there will not be divulged. But there are forecasts in the way of gossip that the gathering will be a "hot one." The idea that there is an undercurrent of division among the Social Credit members persists despite denials from responsible members. Hon. Lucien Maynard was reported to be the leader in a "left wing" in the party, and he promptly issued a statement that he was not leader of any section of the party and that he knew nothing of any left wing in the ranks of Social Credit.

This month promises to be a very busy one in political—or in governmental circles. Following the caucus of Social Credit members of the legislature, the annual convention, the first under the new party set-up, will be held in the Masonic Temple, Edmonton, next week. It is said this convention will mark the final consolidation of the party organization in the province. It is not likely to be open to the press, and, therefore, reports of what is done or discussed will be of the "hand out" character usually associated with such closed gatherings.

Premier Aberhart announced Saturday that an order-in-council had been passed calling the session of the legislature for February 25th. This will be the latest date the session has ever opened on, it is said. The reason for the delay is given in reliable quarters as the necessity for time to frame the new Social Credit legislation to be presented after it has been decided upon by the caucus this week. The legislative program is likely to be fairly extensive for this reason, although government members say they hope to make the session a short one. Last year the session opened on February 7th.

Opposition parties, though small in numbers, are said to be preparing for a strenuous time in criticizing the government's activity during the past year. There will be one new member in the Liberal seat, Mr. Tremblay,

ALBERT DISTRICT NEWS

The W.M.S. met with Mrs. D. H. Currie on Thursday last. Next meeting will be held at the home of Mrs. C. L. Currie.

Despite the chilly weather, a crowd of ardent hockey fans were at the Albert rink on January 8th to see the Orbindale team defeat the local boys to the tune of 6-3. The Albert ladies retained winners. These hot dog spears are getting so dogone popular we shall soon all be barking.

The raffle of \$5 worth of groceries, conducted by L. Barss and K. Matheson, in aid of the hockey club, was won by Mrs. Hay.

The box social, sponsored by P. Miller and L. Barss, was well patronized. Messrs. F. Lukens, H. Larson and R. Larson supplied the music. Raymond Ramsay acted as floor manager and L. Barss auctioned the boxes.

Commandant Hardy is holidaying in Edmonton.

Mr. and Mrs. F. Pile, now comfortably settled in their new home at the coast, keep in close touch with their former neighbors. Mrs. Pile finds the altitude there better suited to her health but states that she misses her old friends.

The World of Wheat

By H. G. L. Strange, Director, Research Department, Searle Grain Company, Limited.

Importing countries have bought much less wheat since the depression than they did in the good years.

For five years prior to 1929 the average yearly purchases of wheat by importing from exporting countries was 784 million bushels.

These purchases gradually decreased, until 1934-35 only 537 million bushels were demanded, a decline of approximately 31 per cent.

Canada, unfortunately, was the chief loser, her sales falling from an average of 309 million bushels per annum for five years prior to 1929, to 166 million in 1934-35, a decline of 46 per cent.

Argentina suffered less than others, her sales actually increasing during the depression years from an average of 151 million for five years before 1929 to 183 million for the year 1934-35, or an increase of 17 per cent.

What did Canada do to lose more than her share of international sales? What did Argentina do that enabled her to win new markets?

There would seem to be room here for careful investigation and study. Fortunately, things now appear to be somewhat on the mend, for Mr. Broomhall estimates the importing countries this year will demand 568 million bushels, and that Canada's share of these sales will be about 216 million.

Prices have tended to be raised by talk that Germany is endeavoring to secure British credits with which to buy Empire wheat; Canadian Wheat Board issues report showing Government holdings greatly diminished; India wheat shipments slow up; supplies diminishing; European countries, particularly Italy, still purchasing steadily; some demand appearing from the Orient.

Prices have tended to be lowered by: Expectations Argentina crop will be large and of fair quality; criticisms appearing from European wheat buying countries about increasing prices; expected Manchuria will import less flour than in previous year; reported that good wheat crops are in prospect in Italy and India.

Always try fat with a piece of bread before putting in croquettes. When bread browns, fat is sufficiently hot to fry the croquettes.

Individual steamed puddings may be made in the smallest size baking powder cans. Oil the cans and fill to within an inch of the top.

who secured a victory in the Grouard by-election. Another change will be the replacement on the cabinet benches of Mr. C. C. Ross by Hon. N. E. Tanner, who has taken up his duties as minister of lands and mines in succession to Mr. Ross, who resigned. Mr. Ross will continue to sit in the house on the Social Credit side as member for Athabasca. A new speaker will have to be elected, and it is likely Rev. Roy Taylor, deputy speaker in the last special session, will secure the election.

United Church Notes

The annual meeting of the Sunday school executive was held at the residence of Mrs. Arnold on Friday evening last, January 8th, with a good attendance of officers and teachers. Mr. L. S. Reeds, S. S. Supt., presided and conducted the opening devotional exercises. Promising reports of the classes were given by the teachers present; and it was quite evident from the report given by Miss A. Flewelling, the Sec'y-Treas., that the school as a whole was steadily increasing and actively carrying on its important work. The average attendance for the 52 Sundays of the year was 90—an increase of three over the previous year. High water mark was reached on Mothers' Day with an attendance of over 130.

Appreciative remarks were made with reference to the efforts of the Superintendent and Secretary, who were unanimously re-elected; as were also the present staff of teachers. Mrs. Reeds and Rev. E. F. Kemp were appointed to take classes in succession to Miss O. Larson and Mrs. Shaw, whose valued services are not available owing to removal. Generous contributions were made to the Missionary Funds of the church, and financial help was also given to the Woods' Christian Homes in Calgary and the Protestant Home in Edmonton.

Luncheon was served at the close by the genial hostess, and a very gratifying meeting was closed in an atmosphere of good fellowship. It is confidently expected that the Sunday school will go on year to year to greater things in the present year.

The official board will meet in the church on Saturday, January 16th, at 3 p.m. and officials from all points are urged to be in attendance. Arrangements will be made with regard to the annual congregational meeting which will probably be held a week or so later. Both these meetings are important, and if well supported mean very much to the well being of the church. Last year the attendance at the congregational meeting was somewhat disappointing; and all friends are urged to make a note of the date which will probably be published next week, and be in their places at the appointed time. All who have attended services during the past year should be present, and any others interested are most welcome. Your presence will encourage the officials and the pastor in their work. Reports will be given and plans made, and if so inclined you will be given the opportunity of joining in the discussions.

Services next Sunday, January 17: Albert 11 a.m.; Alma Mater 3 p.m. (conditions being favorable); Irma 7.30 o'clock p.m.

President Looks To Future With Confidence

Montreal, Jan. 11.—In his annual year-end message, Mr. S. J. Hungerford, chairman and president of the Canadian National Railways, looks to the future with confidence, and, in part, says:

"With the dawn of another year, the Canadian National Railways look forward confidently. We hope for a continuation of improved business conditions which have made themselves felt during recent months. Signs are not wanting that 1937 will bring to the railways an increase over the traffic which they enjoyed in 1936."

"Increased traffic will bring additional work and therefore a greater measure of prosperity to all railroad workers. It has already been announced that, commencing with the first of the year, the working time in our shops will be extended to a considerable degree. This is due chiefly to the demands created by a larger volume of traffic, thus necessitating the repairing and re-conditioning of more locomotives, freight and passenger equipment."

"I hope that, as the year proceeds, business will continue to improve and that we shall all benefit thereby."

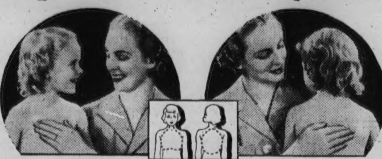
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RUBBER STAMPS

PROMPT SERVICE

H. WOOD, Local Agent, Viking.

Helps END A COLD Quicker



The 3-Minute VapoRub Massage

Massage VapoRub briskly on the throat, chest and back (between and below the shoulder blades). Then spread it thick over the chest and cover with warm cloth.

Almost before you finish rubbing, VapoRub starts to bring relief two ways at once—two direct ways:

1. **Through the Skin.** VapoRub acts direct through the skin like a poultice or plaster.
2. **Medicated Vapors.** At the same time, its medicated vapors, released by body heat, are breathed in for hours—about 18 times a minute—direct to the irritated air-passages of the nose, throat and chest.

This combined poultice-and-vapor action loosens phlegm—relieves irritation—helps break congestion. While the little patient relaxes into comfortable sleep, VapoRub keeps right on working. Often, by morning the worst of the cold is over.

Avoids Risk of Stomach Upsets
This safe, external treatment cannot possibly upset the stomach, as constant internal "dosing" is so apt to do. It can be used freely, as often as needed, even on the youngest child.

Now White—Stainless
Thanks to a new process, VapoRub now comes to you in white stainless form. Only the color is removed; it is the same VapoRub—the same formula and the same effective double action.

VICKS VAPORUB

Modern look in your VapoRub package for full details of Vicks Plan—a practical home guide to greater freedom from colds, flu, and tests among 17,353 people, this Plan cut down colds more than half!

Follow Vicks Plan for Better Control of Colds

Community Hospitalization

During the past three or four years public demand for some form of State hospitalization and medical care or insurance against the great burden of the cost of sickness to the individual has accelerated materially in the three prairie provinces and it has now become an accepted fact that it is only a matter of time before these costs will become a community affair, at least on a province wide scale and perhaps eventually throughout the Dominion.

Many scattered communities have already adopted the principle on a limited basis by the appointment of a part or whole time municipal doctor and by making agreements with hospitals, providing for the medical and hospital care of all, and in some cases, of a section of the members of the subscribing community. In some instances outstanding success can be attributed to these limited ventures, but in other cases it is felt that financial ability has restricted the scope of the work in channels too confined; but even in these cases, the appetite for a wider system has been created resulting in a growing demand for adoption of a plan which will cover the entire range of care for sickness and one which will spread the costs over a greater number of people.

As a result of this accumulating public demand, the question of some form of group health insurance has of late been occupying the attention of the governments of the three prairie provinces and some progress towards the consummation of plans has been made in varying degree. A good deal of spade work has been done, both by governments and other organizations.

One of the chief difficulties confronting the prairie provinces in launching any large scale plan of community health insurance, however, is the absence of any data on which to base the probable cost. It is true estimates have been given by public men and others interested in furthering such a project, of the probable cost of operating a scheme of State medicine or a health insurance scheme, but at best they are only estimates and experience in other fields has demonstrated that often enough estimates are wide of the mark when realization is achieved.

It is true that data is available from other countries where health insurance schemes have been in operation for some time, but these are effective mostly in industrial communities where conditions are entirely different to those prevailing in sparsely settled agricultural areas like the prairies of the Canadian west and for this reason the figures available elsewhere cannot be relied upon when applied to these areas.

In this connection it is interesting to note that an organization recently set up in Saskatchewan, the Saskatchewan State Hospital and Medical League, with an objective of promoting and establishing a scheme for that province, is going about its work in a business-like manner by securing at first hand a great deal of specific information as to actual costs of a large number of farmers for medical and hospital attention for their families over a five-year period.

This information is being procured by a questionnaire which has been sent out by the League, in co-operation with the Wheat Pool, to the 19,000 Pool members in Saskatchewan and when replies are received it will be possible, by striking an average, to show the actual per capita cost for doctors, hospitalization, nursing services and medicine and medical supplies for a very substantial percentage of the rural population of the province.

While this will not demonstrate the probable per capita cost of a scheme of health insurance on community basis, it will provide a great deal of valuable data and give at least a foundation on which to erect a structure and eliminate the necessity of relying on guess-work from the ground up.

Needless to say it will take some considerable time before all the information available from a questionnaire asking for information on a dozen items is received and compiled, and even then the work of the League will only be well started, but the data will not only be of considerable interest but it will be of great value, not only in formulating a feasible plan for Saskatchewan but also for the neighboring provinces where conditions are somewhat similar.

Keeps War Trophy

Bullet Extracted From Body Of War Veteran After 18 Years

Although he had carried it with him constantly for 18 years, James Varley, Christie Street hospital patient, recently saw for the first time a bullet "presented" to him during the war. At the hospital, Dr. G. M. Dale and Dr. D. E. Robertson removed a German service bullet from Varley's lower spine. Now, according to Dr. Dale, Varley plans to shine the bullet and keep it as a trophy.

The Oldest Ocean

According to some investigators, the Atlantic is the youngest, and the Pacific is the oldest of the oceans. Nevertheless, other investigators believe the Atlantic to be the oldest of all the oceans, with the exception of the West Indian region, and that the Pacific is still in the making.

First plum puddings consisted of liquid concoctions, served in soup tureens.

Temperature In Airplanes

Heat Absorbed While On Ground Reduced By Dry Snow

An artificial snowstorm is being created within the passenger compartment of certain transport planes to overcome the heat absorbed by the planes while on the ground. The temperature can be reduced from 105 to 70 degrees within two minutes. The storm is created by spraying a gas basically carbon dioxide on the walls and ceiling of the cabin. This immediately begins to evaporate, resolving itself into a dry mist that leaves no moisture or residue—New York Times.

It is said that 54 per cent. of the road troubles of motorists is caused by tire and ignition trouble.

It is said that the left hand freezes more rapidly than the right hand.

Money may not talk, but it cheers a man up wonderfully.

Reorganize Militia

Canada's Non-Permanent Active Militia To Be Placed On New Basis

Reorganization of Canada's non-permanent active militia has been completed, and as it emerges from the crucible the new form of the Dominion's citizen soldiers is greatly dwarfed in respect of units but sturdily consistent so far as personnel is concerned.

Hon. Ian Mackenzie, minister of national defence, has released the whole plan involving the reorganization of the non-permanent active forces. These contemplate restriction of units, but are compensated by compactness in efficiency. They also elevate the militia from the prospective to the actual.

In brief, the militia is cut down with respect to paper units. Regiments which previously existed in the militia list only on paper entirely disappeared. Those which persevered strongly in peace times remain, some of them amalgamated with others, it is true, but still with enough preserved in their new name to identify them with their former lineage.

So far as units are concerned, the Mackenzie System is drastic, and has been in process of organization for a year. Reorganization of the non-permanent active forces was the one big problem which confronted the minister when he assumed office last year, and since then the entire department has been working to effect the adjustments announced by Mr. Mackenzie.

The new militia is reduced from 36 cavalry regiments to 20, of which four are armored car units.

The 135 infantry regiments are whittled to 91. These are made up of 39 rifle battalions, 26 machine gun battalions and six tank battalions.

Artillery is increased by 52 new units. Field artillery batteries will henceforth number 110, an increase of 41; medium batteries are increased from 25 to 31. The heavy batteries remain as at present, two, while the coast brigades are unaltered at two. However, "anti-aircraft units are increased from one, plus two sections, to six, plus two sections, an increase of five.

The following steps leading up to the reorganization and an analysis of the changes effected were detailed. Immediately after the war, establishment of the Canadian militia was divided into 11 divisions and four cavalry divisions.

In 1931 an international disarmament conference was summoned to meet at Geneva on Feb. 8, 1932. Canada, faced with the necessity of filing data at this conference, notified the secretariat that "in future her land forces would be limited to six divisions, one cavalry division, and certain fortresses and auxiliary troops."

Although this decision was made by the government in 1931, no instructions to put it into effect were issued up to the time when the present minister took office on October 23, 1935.

On Dec. 4, 1935, a report was laid before the minister, containing a suggested scheme for reorganization. The minister thereupon gave instructions to proceed.

The reorganization is now completed. A few inactive units have been disbanded. Thirty-six cavalry regiments have been reduced to 16 cavalry regiments, and four armored car regiments.

A total of 135 infantry and machine gun battalions have been reduced to 59 rifle battalions, 26 machine gun battalions, and six tank battalions.

By conversion of cavalry and infantry units and by formation of new units, the Royal Canadian Artillery has been increased by 41 field batteries, six medium batteries, and five anti-aircraft batteries.

Won Wide Acclaim

But Italian Workers Found Mussolini's Plan Not So Good

Mussolini won wide acclaim among Italian workers when, on August 1, an agreement made under his supervision, was announced providing a 10 per cent. wage increase for 500,000 mechanical employees and metallurgical establishments. But—Two months later Mussolini reduced the value of the Italian currency 41 per cent, making the workers' lira worth barely half of what it had been before on the world market, though a price-fixing edict is supposed to protect its purchasing power at home. And now—Mussolini has increased the work-week to 60 hours to speed up production of war materials by 1,500 industries.

Thus are illustrated the benefits to the worker of the benevolent Fascist dictatorship. Box score: One pat on the back; two cracks on the nose.—St. Louis Post-Dispatch.

Method May Be Changed

Canadian Banks May In Future Have Fewer Branches

Two developments of the depression seem likely to influence permanently the methods of bank operation in Canada. One is the gradual withdrawal of the note issue privilege, which in former times helped to finance the opening of "marginal" branches. The other is the growth of provincial taxation aimed specifically at the branch offices of the banks.

"The pressure of these forces," writes J. V. Walters, "is bound to compel banks to seek avenues of relief and the most convenient avenues seem to be those of mechanization and of a trend to larger offices as a permanent feature of policy rather than a temporary expedient. There is a link between these developments, inasmuch as mechanization can be most successfully applied to the larger offices. In addition, if this trend should come about, it would affect, not only the size but also the flexibility of operating expenses. The reason is that the operation of machines in banks tends to become the prerogative of the female section of the staff, a section in which the annual labor turnover is much higher than in the male section. Thus, since cessation of recruitment at the onset of depression is already the policy of banks, the total staff of a bank would adjust itself more rapidly to conditions."—Canadian Banker.

Extra Pay For Christmas

Extra Wage Compensation Is Announced For Employees Of General Foods

A week before Christmas all employees of General Foods who have been with the company prior to January 1, 1936, received an extra wage compensation of two weeks' pay, according to an announcement by R. K. McIntosh, Managing Director of General Foods Limited, Toronto.

The distribution was made on December 17, 1935. An extra compensation of one week's pay was given to all employees between January 1, 1936 and November 17, 1935.

These extra wage compensations affect all General Foods employees in 63 plants and sales offices in Canada and the United States. The employees receiving it participate in the manufacture and sale of such widely-known food products as Jell-O, Maxwell House Coffee, Grape-Nuts, Post Toasties, Certo, Baker's Cocoa, Baker's Chocolate, Sanka Coffee, Post's Bran Flakes, Sugar-Crisp, Corn Flakes, Baker's Coconut, "Grape-Nuts" Flakes, Minute Tapioca, Post-Tens Swans Down Cake Flour.

The extra pay compensation is in addition to the vacations with pay extended this year to all factory employees of the company.

SELECTED RECIPES

PLAIN LAYER CAKE

- 1 cup butter
- 1 cup sugar
- 2 eggs
- 1½ cups flour
- 2½ teaspoons Magic Baking Powder
- ¼ teaspoon salt
- ½ cup milk
- ½ teaspoon flavoring
- Cream butter until as light as whipped cream, add sugar, gradually beating all the time. Add the whole eggs, one at a time, beating well between the addition of each egg. Sift together flour, baking powder and salt, and fold in one-third to the butter mixture, one-third of the milk, and continue until all flour and milk are used up. Add flavoring. Beat fill buttered and floured pans. Bake in oven at 350 degrees F. until done.
- When cool put between layers and cover cake with the following:

Pineapple Frosting

- 2 tablespoons pineapple juice
- 2 teaspoons lemon juice
- 2 tablespoons butter
- 2 cups or more confectioner's sugar
- Put pineapple juice into saucepan, when at boiling point remove from fire—add butter and lemon juice—when butter is melted pour slowly in the sugar—beating hard until of a nice consistency to spread.

Lost From Wrecked 'Plane

Letter Washed Up On England's Shores Returned To Sender

Lost in the wreck of a British transport plane and washed up on the shores of England after an undetermined lapse of time, a letter posted in Guelph, Ontario, in September, destined for Australia, has been returned to the sender in Guelph. The letter was posted by Mrs. T. Storey and apparently came from the wreck of the Boadicea, which left Croydon for Paris and was never seen again. A note from the British postal authorities, which accompanied the returned letter, indicated it was included in a packet washed up from the wreck of the British transport plane.

This advertisement is written and inserted without charge in compliment to a truly great Canadian through whose unselfish efforts the wild fowl have found a new home in their migrations.

That every home may read Jack Miner's own writings and see by photographs (68 in all) his book has been republished on fine paper—and 32 pages more material—at \$1.25, instead of the previous \$3.00. It's just out!

"UNCLE" JACK MINER

Writes a Book, Entitled

"JACK MINER AND THE BIRDS"

Give It For a New Year's Gift!



Yes—they're wild Swans—but they all love Jack

Every Boy Scout, every school boy and every school girl in Canada now knows of Jack Miner and many, many thousands of adults too, have seen him and heard him talk (you can't call it a lecture) about his work for the preservation of wild life. He is called by authorities "one of the world's great naturalists."

Practically without money he started his idea of a place where wild bird life would be protected during migration North and South—the birds found out about it before the public did—and finally all had been given to buy corn to feed the geese, ducks, swans in their thousands upon thousands who settled in his ponds and rested unmolested.

Perhaps you can't travel half way across Canada to see this sight but let us tell you it's a thrill of a lifetime. To you and those like you it is possible to read Jack's own words in his 207 page book, and through the 68 pictures get a good idea of the work that's going on.

Jack is not a money maker—he's a poor man, financially—if people had not contributed when they saw what a wonderful thing was being done he could not have continued. He charges no admission fees—sells no souvenirs and his only hard and fast rule for visitors are "no bad language to be used" and that "everything is shut tight on Sundays."

Jack is 71 (born April 10, 1865) and only occasionally gets away for a radio talk or lecture now—he's hale and hearty but very busy around home.



Autos line up for miles every spring and fall. The fence you see was built by an admirer of Jack

People come from all over the world to see the Jack Miner Sanctuary—this work has encouraged others to do the same thing elsewhere, so making Jack very happy.

Every home should have this book because besides birds it discusses a homely philosophy of life which, if followed, would make us all happy. It impresses children and adults alike with its genuineness and rugged honesty.

Now if you want this new book, "Jack Miner and the Birds"—207 pages—68 photographs—just go to your stationery store and order it or if you can't get it there write to the Copp Clark Co., Ltd., 495 Wellington Street W., Toronto—the Canadian agents—and they'll see that you do get it.

Medical Service In North

Native Inhabitants Not Neglected By Canadian Government

Medical care for the native inhabitants of Canada's Far North is provided by the Canadian Government, and for thousands of miles along the Arctic coast of the Dominion, in fair weather and in foul, medical officers in the service of the Government bring their healing art to the aid of the Eskimo citizens, while Indian, Indians, half-breeds and indigent whites are also given medical aid. Winter and summer patrols of hundreds of miles are not unusual, and nearly every mode of transportation known to the North Country, such as airplanes, steamboat, motor boat, canoe, and dog sleds has been used to extend this service. Eight doctors are employed in the work, and their efforts to prevent serious illness among the Northern natives are bearing fruit.—Canada Week By Week.

Education For Life

The Hon. Dr. Simpson, Ontario's Minister of Education, has the right idea in his decision to overhaul the curriculum in the primary schools of the province so that emphasis will be placed on the "education of pupils for life rather than for the universities." When this is accomplished we may expect to see fewer misfits in life and fewer failures in the higher seats of learning.

Punctuality is merely the art of guessing how late she will be.

Students In Year-Long Test

To Determine If Seasons Affect Use Of Energy

Four unnamed students of the Medical School at the University of Buffalo are the "guinea pigs" in a year-long experiment to determine whether a person uses the more energy in cold or warm weather.

Dr. Fred R. Griffin Jr., head of the Physiology Department, and Miss Julia E. Lockwood, an instructor, who are conducting the test, said it was based on "the amount of oxygen used. This shows the amount of energy burned up."

The four students are living at the Medical School on diets which give them the same number of calories every day, summer and winter. Every morning samples of their expired air are collected in a gasometer and tested for oxygen and carbon dioxide.

Puzzle To Naturalists

Two geese have been hatched in the Wild Animal park, Moose Jaw, as the result of the mating of a blue goose with a Canada gander. The event is puzzling naturalists. Canada geese usually mate only with their own kind and should anything happen to one of the pair the other goes through life alone.

The first directory of London had a royal origin, being started by Charles I., who wanted a list of citizens who would loan him money.

Sales abroad of German musical instruments are at record levels.

"My nerves are better"

writes Mrs. P. M. Peterson,
R. R. No. 2, Strome, Alberta.

"When I was 14 years old I took six bottles of your Vegetable Compound. Now I am taking it again for painful periods and it is helping me a lot. I am in good spirits and do my work every day. My mother used to take your medicine and always recommended it."

98 out of 100 Women
Report Benefit

LYDIA E. PINKHAM'S
VEGETABLE COMPOUND

Thou Shalt Not Love

— A NOVEL BY —
GEORGIA CRAIG

CHAPTER XII.—Continued

There were a number of developments the next day. The majority of them quite to be expected.

While Sapphira served her breakfast in bed, considerably surprised and pleased that her charge showed no indications of suffering from hang-over, though there undoubtedly was something troubling her mind, Starr read the morning papers. There were lurid accounts of last night's party in the tabloids. "Play-Girl" was without any question in the headlines again!

An account, in one of the more gossip sheets read:

"Merrymakers at the exclusive Sea Beach Casino last night were treated to an unexpected thrill when Starr Ellison, author of the widely notorious book, "Play-Girl" and who is said to have often furnished the copy therefor, attempted to stage a nude swimming part in the gold-fish fountain. Only the timely—or untimely, many witnesses characterized it—intervention of Michael Fairbourne, publicity representative for the Tarrance Publishing Company, prevented.

Starr flung the paper away, sickened. How Michael must hate her! There was small comfort now in the thought that that was what she had intended to make him think of her. She could not eat. She felt as if she never wanted to again, but she was making an attempt to get away with her omelet, at the insistence of Sapphira, when the telephone rang. Her heart leaped, then sank down dully. . . . It wouldn't be Michael. It could not be.

It was not. It was Marjorie Brown, calling—Marjorie whose boast was that she was the closest friend "Play-Girl" had (and who was nothing of the sort, since Starr had no women friends at all). Marjorie was so anxious to give Starr the news she had just heard that she was phoning before she had her morning coffee. "Starr!" her voice rippled gaily. "You'll never believe it, but what do you suppose has happened? Michael Fairbourne and Stephanie Dale are engaged! Actually! After all the trouble he's had getting her parents to consent. . . . Stephanie called me last night after the party to tell me it happened after Michael took her home. Isn't that just too thrilling? And won't they make the most gorgeous couple!"

Starr said, in a bored voice: "I hope they will be very happy. Engagements don't interest me, Marjorie—or marriages. So ordinary."

Starr moped around the Egyptian apartment, hating it, hating everything Egyptian once more, and wondering just what her next step would be. With a love affair with Michael finished before it had fairly begun did not mean necessarily that her job as "Play-Girl" was finished. On the contrary. What "Play-Girl" had done last night had made her better copy than ever. She ought to be valuable to Michael and his publishers. All the joy in playing was gone, though, and forever. From now on "playing" would be as drab as life itself, but if she threw herself into a stupor, what then might be able to forget—something. The irony of it! She had got into this thing in order to forget how soon she must give up life. Now she had more than ever to forget. Life was certainly increasingly hard.

Shortly before noon a messenger from Cartier's appeared with two armed guards and a package from the famous jewelry firm. Starr gave the messenger her receipt and took the package into the bedroom to open it.

It was a bracelet. A bracelet three inches wide, solidly set with diamonds encasing a row of the most gorgeous fire opals Starr had ever

imagined in her life. The thing must have cost a fortune.

Sapphira's eyes goggled almost out of her head when she saw it.

"For the land, Miss Starr, ain't that shore scrumptious! Seems like somebody must be thinkin' a heap of you, chile. . . . What's them flashin' kind o' stones that look like rain-bows, honey?"

Starr smiled wanly as she answered absently, fingering Lance, Marlowe's card that had come with the gift.

"They're opals, Sapphira—fire opals."

The breath of the colored woman came sibilantly.

"Opals! Lawdy, Miss Starr, don't you-all know they say opals can bring the hardest kind o' hard luck? What' for he want to sent you opals?"

"They can't hurt me, Sapphira," said Starr, her voice low.

She was studying Lance's card. On the back he had scribbled:

"I told you these were for you, you lovely thing of fire and ice. . . . I have been very patient, Starr. Are you going to keep me waiting forever?"

She could not, pretend to herself that she did not know what he meant. It was plain enough. Lance was forcing her hand. She had stalled with him long enough. Lance was not used to that. She knew—as she realized he meant her to know—

to accept this gift of his meant to become his mistress. Refusing it would terminate their friendship. There could be no more halfway measures.

She held the gorgeous bracelet in her hand, turning it, letting the sunshine catch in the sparkle of the stones. The diamonds were lovely enough, but those fire opals! Lance must have given a commission to Cartier's to search out the most marvelous stones anywhere to be found. A memory of Michael's words flitted through her mind:

"Lance's favorite indoor sport—buying diamonds for his current light o' love!"

Irony of all ironies! This morning Stephanie Dale would be proudly wearing Michael's diamond on the correct finger. But she, Starr, who had dramatically surrendered the man she loved to Stephanie, received a diamond bracelet—symbol of the kept woman!

She was still weighing the situation in her mind when Michael arrived. Starr had not expected to see him, and it is possible if Sapphira had not ushered him into the living room without announcing him, blandly unconscious that he might not be as welcome as always, Starr might have refused to see him. She needed more time to pull herself together before facing him.

The bracelet was still in her hand as she came through her bedroom door and saw him. Startled, she slipped the glittering thing inside the neck of her frock. She shivered. The stones felt hard and cold against her tender flesh—as icy as the heart in her breast.

There was no friendliness in their greeting. Memories of last night's scandal hung over them frigidly. Michael had come with a definite purpose. His first words staggered her.

His face still wore that tight, intolerant look.

"I've come to release you from your bargain, Starr! It was a mistake from the beginning. No doubt you will be as glad to be relieved of it as I am. This last episode—" he flouted before her eyes the tabloid in which was the account of last night's party which she had already read, pounding on the objectionable story with an angry finger—"was the finish! It was too much—even for sweet publicity's sake!"

In the face of her dead silence he plunged on:

"I told Stephanie that the whole thing was a hoax, told her why it was done, and she understands. I hope other people will, too. Anyway, I am ready to shoulder the ridicule, if there is any. Stephanie thinks that it is the best she can do—that I—"

"That you buy me off?" Starr prompted him cruelly. Michael's face went red, but on her was the same tantalizing dare-devilry of "Play-Girl," taunting, disdainful.

Then a spark of resentment flared within her. If he only had not mentioned Stephanie! She blazed out at him.

"Because everything hasn't gone all your own way; you want to get rid of me! I see!" Her taunting, challenging laugh rippled. "Well, suppose I don't choose to be got rid of?"

Michael glowered, said ruthlessly: "I shouldn't think that, even you would want to continue in a role that is repugnant to every sense of common decency."

The slurring way he said "even you!" It made her flinch, but he did not see that. He hated her more than she had thought he would, more than

she had thought any man could hate a woman. Now she knew what writers had meant when so often they had declared that there is no passion in the world stronger than love turned to hate.

Her retort to him had been sheer bravado. Now the thought came swiftly to her mind: Did she really want to carry on the role of "Play-Girl"? Before when she had thought of it, she had given it slight consideration, taking it as a matter of course; that it would continue. Now . . . Well, if she didn't go on with it, what was her alternative for the days that still remained to her?

Her play-life, even though it had ended so tragically, had at least filled the gap of haunted days and nights. It had kept her from brooding too much over her impending doom.

Suddenly, as she visioned going back to empty loneliness and poverty, a deadly fear gripped her. A vision of Mrs. Maloney's hall bedroom superimposed itself over the beautiful living room with its lovely Egyptian furnishings like a fade-out, fade-in on a movie screen. She saw herself sitting on the sagging bed, staring at the drab wall paper, staring, staring. . . .

She could not bear to face it all again. She had to have life with her, color, excitement!

But there was an alternative, if she cared to take it. Lance offered a way. Though of course Starr realized that he would not be nearly so enthusiastic if she were a mere nobody and not "Play-Girl" at all. Lance wanted the triumph of making a conquest of the glamorous personality about whom the whole town was talking—the "Play-Girl" who was all fire and ice. And good publicity.

Lance. . . . All of a sudden she realized that Lance's bracelet had become red-hot against her breast, as if the fire opals were in reality living flames.

Michael was offering the supreme insult. He was pulling his check book from his pocket, slowly drawing out his fountain pen. His voice was cold, business-like, and he did not look at her.

"How much do you want, Starr, to step out of the picture?"

Now her resentment was a blazing torch which shook her fragile body savagely. A raging, black-eyed young fury snatched the check book from his hand and hurled it into his face, returning hate for hate.

"I don't want money from you!" she flamed. "Not a penny! I wouldn't touch it if it were a million! I can get along. I'll show you how I go to keep on being 'Play-Girl' and you can't stop me! They'll only laugh at you if you try to deny it—they'll say you're eaten up with jealousy! You've done your ballooning too well, Mr. Michael Fairbourne, to try to back out now! You started something! I'll finish it! Now get out of here! Get out!"

The hours that passed after Michael left were so slow and terrible that Starr welcomed up with joy when Lance called up and asked if he might drop up for a few minutes, and did she like her bracelet. She was glad he was coming, though as yet she had not the faintest idea of what she would tell him. All she knew was that anything was better than being alone with her awful thoughts. Anybody!

She was dressed in a cloudy black tea gown that was not transparent but somehow managed to give that impression when Lance arrived. She wore a startling antique Egyptian headress bound about her forehead, holding back the little points of her hair that would tell him. All she knew was that anything was better than being alone with her awful thoughts. Anybody!

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MRS. SIMPSON'S MOTHER



The last portrait of Mrs. Alice Warfield Allen, mother of Mrs. Simpson, who died in 1929.

Important For Explorers

Woman Says Problem Of Eating Easily Comes First

Mrs. Christine von Hagen, 24-year-old botanist, is back in New York from the wilds of Ecuador, awed not by headhunters but by the problem of eating.

"Food breaks up more expeditions than anything else," she said. With her husband, V. V. von Hagen, explorer and scientist, she penetrated the Amazon country in search of insects and termites.

There were few wild animals and little vegetation fit for the dinner table, but that didn't stop Mrs. von Hagen. Weevils found in trees and made into soup. Mrs. von Hagen said she found food so important to the success of exploration that she intends to write a recipe book for the benefit of fellow explorers.

Search For Lost Radium

Missing From Toronto Hospital, It Is Located In City Dump

After one of the most intensive searches in Toronto's history in which a radium counter used during the Moose River mine rescue was called into action, \$8,000 worth of radium has been returned to Toronto General hospital.

The radium capsule was discarded in a dressing and the precious metal was recovered in a city dump buried beneath four feet of ash.

Officials of the radium department of the hospital called on the Ontario government for aid and obtained the use of a Geiger-Mueller radium counter used at the Moose River mine last Easter to aid in the search for the entombed Toronto men.

J. D. Leitch, government employee, operated the machine in the search that started at the hospital, including the laundry and even washing machines, then led to the city incinerator, and finally, to the dump where hospital ashes are taken.

Forced To Attend Meeting

When the assembly met in Athens in classic Grecian days everybody was expected to be present and loungers were swept out of the gossiping market place by a rope well drenched in vermillion. A stain of red from the rope on a man's cloak meant a fine.

Regular brewing establishments first were erected in 1700.

Become Soldiers At Fourteen

Boys In Italy Start Training When They Are Only Six

Tough at 20 some 50,000 Fascist youths, trained in the technique of war, are now passing annually into the regular Italian army.

Many of them have been registered in Fascist Youth organizations for years and the majority have participated actively since their sixth birthday.

At that age they enter the Sons of the Wolf, a branch of the elementary "Balilla," from which they graduate when they are 14 with a fundamental military knowledge qualifying them to train as specialists in Il Duce's legions.

The Balilla's 14-year-old seniors are promoted with symbolic ritual into the next chronological grade, the Avanguardisti, or Advance Guards, of whom there are about 500,000.

The comparatively care-free training suddenly ceases for these youths who find themselves part of a vast war machine. Their war education is intensified and they are moulded into the pattern of the Italian army.

When an Avanguardista reaches the age of 18 he advances into the topmost ranks of Fascist youth—the Young Fascists of Combat—where his military schooling is specialized.

Then, at 21, he reaches his majority and is eligible to become a Fascist.

Little Helps For This Week

Truly my soul waiteth on God, from Him cometh my salvation, Psalm 42:1.

Not so in haste my heart; Have faith in God and wait; Although He linger long, He never comes too late.

The true use of all the imperfections of which you are conscious is neither to justify or condemn them, but to present them before God conforming your will to His and remaining in peace; for peace is the divine order in whatever state we may be.

You will find it less easy to uproot faults than to choke them by gaining virtues. Do not think of your faults, still less those of others; in every person who comes near you look for what is good and strong, then honor it and rejoice in it, and your faults will drop off like dead leaves when their time comes.

Hard To Determine

But Customs Officials Deed Infant Is Child Under Six

To straighten out a customs ruling, setting the import duty on baby clothes, officials at an eastern port have finally decided the momentous question: What is an infant?

An infant, they decided after much head-scratching, is any child under six.

It is probably just as well to keep news of this decision from the country's mothers, or there likely will be a large, indignant outcry. For to mothers there apparently is no age limit for infants.

When her boy or girl first trots off to school he seems as much a baby to her as when he yowled in his cradle. She even treats her grown-up sons and daughters as though they were infants.

Likewise, what husband who ever has had trouble locating his shirts and socks has not been called a "helpless infant" by the little woman? —Victoria, B.C., Times.

The River Rhone is regarded as the swiftest river in the world, attaining a velocity of 40 miles an hour in certain parts of its course.

Nine thousand applications have been received in India for temporary railway jobs paying \$2.62 a week.

The African gerenuk has little difficulty in reaching tree leaves high above the heads of all animals except the giraffe.

The cat's claw creeper, a Brazilian plant, creeps by means of grappling hooks.

Irish Free State is building seven oil tankers in Germany.

Better Things Ahead

Says Sir Chas. Gordon

BANK OF MONTREAL MEETING

Strong expressions of confidence in the outlook in Canada were the keynote of the proceedings at the annual meeting of the shareholders of the Bank of Montreal, held recently at the head office of the Bank in Montreal. The meeting was also informed that the bank is in an extremely strong position, and that deposits had been further protected by another substantial addition to the reserve account.

Sir Charles Gordon, president in his address named as the five fundamental features outstanding in Canada's progress during the past year: the recovery in agriculture, the extraordinary activity in mining, the all-time record in newspaper production, the gratifying increase in the tourist trade, and the striking expansion in our export trade.

He dwelt particularly on the mining industry which, according to a recent survey by the bank, would seem to be "the greatest contributor to the federal income tax."

Better Things Ahead for Canada

He had a word of warning regarding provincial legislation in relation to debts, saying in respect to talk of repudiation that he could not see how this line of thought could be pushed to the credit of the whole Dominion coming into disrepute.

Sir Charles closed his remarks on an optimistic note, saying: "We still have problems to face but, as regards these problems I stand squarely on the opposite side of the fence from the pessimists and I believe that, with the experience gained in the past few years, we in Canada will steadily work our way toward better things."

Bank's Position Extremely Strong

Presenting the 119th annual balance sheet of the Bank, W. A. Bog, on behalf of himself and Jackson Dodds, his fellow general manager, drew attention to the fact that the total assets of the bank had increased from \$792,500,000 a year ago to \$805,100,000 at the present time, and pointed out that the extremely strong position of the bank was reflected in quick assets totaling \$606,500,000, representing 83.27% of all liabilities to the public. In informing the meeting of the transfer of \$1,000,000 to reserve account, bringing this up to \$39,000,000, Mr. Bog said that this sum was held as "protection for the bank's depositors. That is to say," he remarked, "as protection for deposit holders, we have not only 100% in conservatively valued assets, but in addition we have assets representing \$36,000,000 of capital and \$39,000,000 in reserve account."

Savings Interest Rate

Mr. Bog expressed regret that it had been found necessary to reduce to 3 1/2% per annum the rate of interest paid on savings deposits, saying the reduction had been made with reluctance, and it was only the continued decline in the yield on securities and the low level of commercial loans that had compelled the banks to take the step.

Home Loan Plan

Ontario Leads The Provinces In Number And Amount Of Loans

Ontario led the provinces in number and amount of loans made up to Nov. 15 under the government home improvement plan, according to official figures issued.

Branches of banks in Ontario reported 335 loans amounting to \$123,702 out of the total for Canada of 884 loans amounting to \$350,453.

Quebec came second with 181 loans totalling \$81,347 and British Columbia third with 107 loans and a total of \$33,207.

Figures for other western provinces follow: Alberta, 52 loans, \$20,815; Manitoba, 31 loans, \$12,388; Saskatchewan, 21 loans, \$7,251.

The African gerenuk has little difficulty in reaching tree leaves high above the heads of all animals except the giraffe.

The cat's claw creeper, a Brazilian plant, creeps by means of grappling hooks.

Irish Free State is building seven oil tankers in Germany.

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Mr. Jack Peterson has quite ill with the flu since New Year's.

The books of the M. D. of Battle River are being audited this week.

Anglican church service will be held as usual in Irma on Sunday, January 17th, at 2:30 p.m.

The annual meeting for the Irma school district will be held on January 25th, at 7:30 p.m.

A whist drive will be held in Avonlea school on Friday, January 22. Everybody welcome.

Miss Nora Long has been confined to her home for about a week through illness.

Rev. Fr. J. E. McGrane has been having a week's holidays at Saskatoon.

Mrs. C. T. Hill left last week for Edmonton where she intends spending a month at the home of her daughter, Mrs. P. J. Hardy.

The regular meeting of the Irma W.M.S. will be held at the home of Mrs. Reeds next Thursday, Jan. 23. The new study book is most interesting and all members and friends are heartily welcome, so bring your friends and enjoy an interesting and happy afternoon.

A number of annual school meetings have been held throughout the Irma district. At Crescent Hill there was no change made in the school board, Mr. Martin Enger being returned to office. At Sunny Brae Mr. M. D. Askin resigned and Mr. W. R. Askin was elected to finish out his father's term while Mr. Robt. Dempsey was elected in place of Mr. Geo. Knowles whose term had expired. At Alma Mater Mr. W. A. Burton whose term had expired was re-nominated and was opposed by Mr. L. B. King. When the vote was taken Mr. King was declared elected. The same boards will carry on for another year at Avonlea and Ross.

W.C.T.U. MEETING

The December meeting of the Irma W. C. T. U. was held in the United church on Thursday afternoon, the 8th ult.

The topic was "Peace." It was an especially appropriate theme, being at Christmastide and in consideration of the warring elements that threaten to almost engulf civilization today. Mrs. Osterhout gave a very appropriate Bible reading, calling attention to the Scriptural injunction for woman to stamp out sin. Mrs. Locke read an article by Mrs. Julia Rowe, for several years Prov. Supt. of Peace and Arbitration, voicing an

A Few Needles by Tun

"Hey, mister, your engine is smoking," said a local garage man to the driver of a car of ancient vintage that drove into the station. "Well, it's old enough to smoke," the driver replied.

"And what rank do you hold in the navy?" asked a local girl of her best fellow who has joined the navy.

"Ship's captain," he replied.

"Do you doctor their eyes?" she asked.

"Well, I scrape the eyes out of the potatoes," he replied.

"And what did you think of my sermon on Sunday?" asked a new pastor of a church in a neighboring town of a lady at the reception in his honor.

"Beautiful, sir, and so instructive," she replied. "We didn't know what sin was until you came here."

earnest appeal for constructive efforts, true education, by popularizing peace sentiment and in resolutions sent to government authorities asking them to take practical steps in this direction, to work toward building up world fellowship that shall scorn warfare as a brutal measure belonging to cruder times. She also quoted Mark Twain's famous prayer that held up to ridicule the inconsistency of offering to a spirit of infinite and impartial love. The ordinary prayer that "our side" be victorious in battle with entails misery and suffering for the vanquished. Mrs. Darling read a few extracts from a stirring address given at the Pan-American Congress by President Roosevelt, advocating significant brotherhood among the American nations to prevent the intrusion of a war spirit. He said: "As we have learned the glories of independence, let us practice the glories of inter-dependence." Mrs. Coffin read an article by Mrs. Schumann-Heink, leader of the women's league in the U. S., in which she gave an account of her own tragic experience in saving sons who fought on the side of her native land, Germany, and others who took up arms for her adopted country, U. S., in the Great War. She deplored war in unmeasured terms and urged the prevention of any repetition of its horrors. This Peace program was arranged by the local superintendent, Mrs. Coffin. One outgrowth of it will be resolutions sent from this local to "the powers that be" in an urgent advocacy of Peace. Progress for the next meeting to be held in the church the fourth Wednesday afternoon in January will comprise a detailed review of the report of the last annual provincial convention which will include a resume of the past year's work and plans for the future.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

HEALTH

A HEALTH SERVICE OF THE ASSOCIATION OF LIFE INSURANCE COMPANIES IN CANADA



COMMUNICABLE DISEASES

There is a fairly large group of diseases which are called communicable: Diphtheria, Scarlet Fever, Measles, Whooping Cough, Pneumonia, Tuberculosis, Typhoid Fever, Smallpox and Chickenpox, to name some of the more common ones in this country. They are given this name because of one outstanding and important characteristic. They are all spread from one person to another, from the sick to the well, and usually the spread is fairly direct.

The reason why these diseases are communicable is that they are all caused by disease germs. Disease germs are so small that we cannot see them without the aid of the microscope; for that reason they are called microscopic. They live, grow and multiply just as truly as if they were many times bigger. It is the transference of these living disease germs from the sick to the well which accounts for the spread of the communicable diseases. Each of the communicable diseases is caused by its own special germ. The disease germ which causes Diphtheria never causes any other disease, and no other disease germ ever causes Diphtheria.

Disease germs do not grow in nature outside the human or animal body. They may exist for a time, but they do not grow and multiply. Some of them are harder than others, but sunlight kills them all in a short time. Bad smells are offensive and we do not want them, but bad smells do not cause communicable diseases. Such diseases are always caused by disease germs, and because of the fact that these disease germs die comparatively quickly outside of the human body, the spread is practically direct from the sick person to the well. The spread of most of them is by transference of the germ-laden secretions of the sick person to the well by coughs, sneezes, kissing, fingers soiled with saliva, or common eating and drinking utensils.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

FARMERS' HANDY ACCOUNT BOOK

The Canadian farmer may be absolved from the accusation that in taking stock of his farm business at the present time he is only following the often futile fashion of making good resolutions for the New Year. It just so happens that the season of the year when good resolutions are popularly supposed to have a special virtue coincides with that period of the year which affords the farmer the best opportunity for making a detailed survey of his business, past and future.

Today, farming is more of a business proposition than ever before, and the farmer who does not know the exact state of how he stands with reference to every item connected with the farm is at a disadvantage with the farmer who does. Something more than a rough and ready method is necessary.

A record of each department of the farm business should be kept because it is the only way of finding out which part of the farming pays and which does not. To assist the farmer in this very important matter, the Dominion Department of Agriculture issues a very simple and useful little account book which may be obtained from the King's Printer at a nominal price of 10 cents. No special knowledge of accounting is necessary and a record of transactions can often be made in less than one hour per week.

BY THE WAY

It will not be necessary to grease the griddle if when making griddle cakes two tablespoons of shortening are added to the batter.

Spread 2 1/2 tablespoons of prepared mustard over a leg of lamb, let it dry, then cover it with drippings and roast. The mustard gives a delicious flavor to both meat and gravy.

Leftover bits of jelly can be used for stuffing pears or apples to be baked.

A can of chicken and a can of vegetable soup combined makes a delicious soup.

Mushrooms added to brown gravy served with roast give it a delicious flavor.

A tablespoon of burnt sugar syrup added to flour used in making gravy to serve with roast beef or lamb adds to the flavor of the gravy.

NOTICE

In the Estate of GEORGE ANDREW MATTHEWS, late of Jarrow, in the Province of Alberta, Farmer, deceased.

NOTICE is hereby given that all persons having claims upon the estate of the above named George Matthews, who died on the 25th day of October, A. D. 1936, are required to file with Clifton G. Purvis, Solicitor for the Administratrix, by the 31st day of February, A. D. 1937, a full statement duly verified of their claims and of any securities held by them, and that after that date the Administratrix will distribute the assets of the deceased among the parties entitled thereto, having regard only to the claims of which notice has been so filed or which have been brought to her knowledge.

Dated this 5th day of January, A. D. 1937.

CLIFTON G. PURVIS,
Solicitor for Mrs. Ida G. Matthews, Administratrix. 8-22c

PUBLIC MEETING

Mr. Willmot, "The Man from Mars" will give an illustrated lecture in Hedley's Hall, on Monday, January 18th, at 8:30 p.m. Everybody welcome. A collection will be taken.

Gas Line Hockey Schedule

HOME CLUBS—1936-37					
Visitors	Wainwright	Viking	Holden	Tofield	Irma
Wainwright	at	Jan. 9	Dec. 23	Dec. 30	Dec. 19
		Feb. 6	Jan. 21		Jan. 16
Viking	at	Jan. 4	Dec. 28	Feb. 8	Dec. 21
		Feb. 3	Jan. 28	Jan. 11	Jan. 23
Holden	at	Dec. 15	Jan. 2	Dec. 22	Jan. 9
		Jan. 11	Jan. 30	Jan. 18	Feb. 6
Tofield	at	Jan. 27	Feb. 10	Jan. 7	Jan. 2
		Jan. 13	Feb. 4		Jan. 30
Irma	at	Dec. 28	Dec. 26	Dec. 17	Jan. 4
		Jan. 25	Jan. 18	Jan. 14	Feb. 1

SPORTS

Three times did Fred Perry blast the hopes of the Vines' supporters by winning the first three professional contests. Then Vines went to hospital in Chicago. The gate in New York was \$58,000, some seats costing as much as \$9.50. Even at that the patrons got good value, for Perry demonstrates a graceful skill combined with terrific force. To see such players in action is a treat to the eye. Perry will have a fat purse by the end of the year if he can continue pulling such cash-crowds to witness his skill.

Like the kick of a young mule, Eddie Wenstob dropped Paul Adlis in the first round of their bout at Duluth. Scarcely ten seconds was required to put the big 200-pounder in the horizontal position. Then followed some funny business, for Adlis ran around like a scared kitten, seeking escape from those murderous stomach claws of the Viking Flash. Though outweighed by 20 pounds, Wenstob proved masterful, demonstrating the skill and physical fitness of a top-notch.

On Thursday of this week Eddie meets Lou Thomas of Indianapolis in a St. Paul bout. He is bound to meet some tough fellows in this campaign of weekly bouts. He is getting experience in ring generalship that will do him great good.

The tournament in Table Tennis at the Y. M. C. A., Edmonton, proved highly interesting. This game provides, at a minimum of cost, ample scope for skill of hand and flashing eye. In the hands of good players, the "white pill" travels with amazing speed and accuracy, giving plenty of excitement to players and spectators. This game will provide an outlet for exuberant youth in any home.

Clem Loughlin had another smile on Sunday night when the Hawks downed the Maple Leafs at Chicago. We hope his luck has turned at last, and his boys will find the ladder that leads up from the cellar. The Americans who started with a great string of victories, now appear to be slipping as though on skis.

The idea of the Federal government establishing a Minister of Sport is worthy of more than a smile. Organized sport is just as important as organized industry. Health is the basis of success and happiness. But everybody must take part in the games, or they fail in value to the nation. It is no good to just sit and watch other fellows prance about. As merely a spectator no extra red corpuscles grow under your hide. You have to get in the game yourself.

Here and There

Famous officers of the Canadian Pacific Railway and Sir John A. Macdonald, Prime Minister of Canada, arrived at Revelstoke recently and held a series of historic meetings. Among them were Donald A. Smith, George Stephen, James J. Hill, Van Horne and Shaughnessy, names associated with the past half century with the construction of Canada's first transcontinental railway. The party actually completed a group of film players portraying the historic characters in the tense board-room sequence of "The Great Eastern," Gilmour British picture depicting the strenuous railway construction days fifty years ago.

FOR SERVICE—Registered Yorkshire boar, "Vermilion," Reg. No. 27P-186406. Fee \$1.00.—C. Urquhart, R. R. 1, Irma, Alta. 8p

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